

Dave's Big Cycle



Dave Rowe, our wonderfully artistic painter and decorator who's therapeutic artwork you will see throughout the Trusts' services, will be cycling an incredible distance from John O'Groats to Lands End to raise money for Parkhaven Trust. Dave will be cycling a total of 1200 miles in 13 days!!! His journey starts at John O'Groats on Sunday 6th August and he will finish in Lands End on Saturday 19th August.



If you would like to sponsor Dave you can either complete a sponsorship form which can be found on the notice board of your service or you can donate online at

<http://mydonate.bt.com/events/daverowe/444189>

or click on the donate button on the Trust website

www.parkhaven.org.uk

On behalf of Dave and the Trust thank you very much for your support