


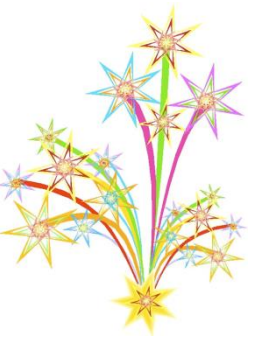





NOVEMBER AT HARRISON HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 	1 Chair Yoga with Lyn 1.45pm	2 Hairdresser am 	3 Ken Eddy Singing 2.00pm	4 Roman Catholic Eucharist a.m	5 	6
7 Quiz with Julie 2.00pm	8 Chair Yoga with Lyn 1.45pm	9 Hairdresser am Art and Craft with Julie 2.00pm	10 	11 a.m Roman Catholic Eucharist Boomer Music 2.00pm	12	13 
14 Quiz with Julie 2.00pm	15 Chair Yoga with Lyn 1.45pm	16 Hairdresser am	17 Trip Out pm	18a.m Roman Catholic Eucharist Bingo eve 6.00pm	19 	20
21 Quiz with Julie 2.00pm	22 Chair Yoga with Lyn 1.45pm 	23 Hairdresser am Art and Craft with Julie 2.00pm	24 Sefton Opera Hand Massage 1.45pm	25 a.m Roman Catholic Eucharist	26 Johnny Diamond singing 2.00pm	27 

NOVEMBER AT KYFFIN TAYLOR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 Hairdresser pm	1 Exercise Boomer 3.15pm	2 	3 Sefton Opera Hand Massage 1.45pm	4 Ken Eddy Singing 3.00pm	5 	6 Network Church service 11.30am
7 Morning activities Hairdresser pm	8 Boomer Music 3.00pm	9 Morning activities	10 Craft and Quiz with Julie 1.30pm	11 Big screen film eve 6.00pm	12 	13
14 Morning activities Hairdresser pm	15 Trip Out lunch Exercise Boomer 3.15pm	16 Craft and Quiz with Julie 1.30pm	17 	18 Sandra Currie singing 3.00pm	19	20 
21 Morning activities Hairdresser pm	22 Boomer Music 3.00pm	23 	24 Craft and Quiz with Julie 1.30pm	25 Johnny Diamond singing 3.00pm	26 	27

NOVEMBER AT JAMES PAGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 Reading Group with Kim 3.00pm	1 Boomer Music and movement 2.00pm	2 	3 Hairdresser	4 Ken Eddy Singing 3.00pm	5 	6
7 Reading Group with Kim 3.00pm	8 Boomer Music and movement 2.00pm	9 Sandra Currie singing 3.00pm	10 Hairdresser 	11 Art and Craft with Julie and Hannah 1.30pm	12 Bingo and games 2.00pm	13 
14 Reading Group with Kim 3.00pm	15 Boomer Music and movement 2.00pm	16 Morning activities	17 Hairdresser Sefton Opera Hand Massage 1.45pm	18 Art and Craft with Julie and Hannah 1.30pm	19 	20
21 Reading Group with Kim 3.00pm	22 Boomer Music and movement 2.00pm	23 Johnny Diamond singing 3.00pm	24 Hairdresser 	25 Art and Craft with Julie and Hannah 1.30pm	26	27 

November at the Willow Centre

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31</p> <p>Johnny Diamond singing 2.00pm</p>	<p>1</p> <p>Yoga With Lyn 10.45am</p>	<p>2</p> <p>Network Church service 2.00pm</p>	<p>3</p> <p>Art and Craft</p>	<p>4</p> 
<p>7</p> <p>Sensory</p> 	<p>8</p> <p>Yoga With Lyn 10.45am Network Church service 2.00pm</p>	<p>9</p> 	<p>10</p> <p>Sefton Opera Hand Massage 1.45pm</p>	<p>11</p> <p>Ken Eddy Singing 2.00pm</p>
<p>14</p> <p>Bingo</p>	<p>15</p> <p>Yoga With Lyn 10.45am</p>	<p>16</p> <p>Boomer Music 2.00pm</p>	<p>17</p> 	<p>18</p> <p>Baking</p> 
<p>21</p> 	<p>22</p> <p>Yoga With Lyn 10.45am Trip Out pm</p>	<p>23</p> <p>Art and Craft</p> 	<p>24</p> <p>Sandra Currie singing 2.00pm</p>	<p>25</p> <p>Big screen film afternoon</p>

NOVEMBER AT PARKHAVEN COURT

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 Chair Exercises 1.00pm	1 Coffee Morning 10.30am 	2 Bingo eve 6.30pm 	3 Hairdresser 1.00pm	4 	5 Buffet lunch 11.30am	6 Roast Dinner 5.00pm
7 Chair Exercises 1.00pm	8 Coffee Morning 10.30am	9 Bingo eve 6.30pm	10 Art and Craft 10.30am Hairdresser 1.00pm	11 	12 Buffet lunch 11.30am	13 Roast Dinner 5.00pm
14 Chair Exercises 1.00pm	15 Coffee Morning 10.30am	16 Bingo eve 6.30pm 	17 Art and Craft 10.30am Hairdresser 1.00pm	18	19 Buffet lunch 11.30am	20 Roast Dinner 5pm
21 Chair Exercises 1.00pm 	22 Coffee Morning 10.30am	23 Bingo eve 6.30pm 	24 Art and Craft 10.30am Hairdresser 1.00pm	25 Big Screen Film Eve 6.00pm	26 Buffet lunch 11.30am	27 Roast Dinner 5.00pm 