

OCTOBER AT HARRISON HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 Quiz with Julie 2.00pm	4 Chair Yoga with Lyn 1.45pm	5 Hairdresser am Art and Craft with Julie 2.00pm	6 Ken Eddy singing 2.00pm	7 Roman Catholic Eucharist a.m Big screen film eve 6.00pm	8	9 
10 Quiz with Julie 2.00pm	11 Chair Yoga with Lyn 1.45pm	12 Hairdresser am 	13 Trip Out 2.00pm	14 a.m Roman Catholic Eucharist Boomer Music 2.00pm	15	16
17 Quiz with Julie 2.00pm	18 Chair Yoga with Lyn 1.45pm	19 Hairdresser am Art and Craft with Julie 3.00pm	20 	21 a.m Roman Catholic Eucharist Bingo Eve 6.00pm	22 	23
24 Quiz with Julie 2.00pm	25 Chair Yoga with Lyn 1.45pm	26 Hairdresser am Tina Riley singing 2.00pm	27 Sefton Opera Hand Massage 1.45pm	28 a.m Roman Catholic Eucharist	29	30 

OCTOBER AT KYFFIN TAYLOR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 Hairdresser pm	4 Exercise and games 3.00pm	5 Morning activities	6 Sefton Opera Hand Massage 1.45pm	7 Ken Eddy Singing 3.00pm	8 	9
10 Morning activities Hairdresser pm	11 Boomer Music 3.00pm	12 Craft and Quiz with Julie 1.30pm	13 	14 Big screen film eve 6.00pm	15	16
17 Morning activities Hairdresser pm	18 Exercise Boomer 3.15pm	19 Trip out am	20 Craft and Quiz with Julie 1.30pm	21 Tina Riley Singing 3.15pm	22 	23
24 Morning activities Hairdresser pm	25 Boomer Music 3.00pm	26 	27 Craft and Quiz with Julie 1.30pm	28 Johnny Diamond singing 3.00pm	29	30 








OCTOBER AT JAMES PAGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 	4 Games and Quiz 1.30pm	5 Ken Eddy singing 3.00pm	6 Hairdresser	7 Art and Craft with Julie and Hannah 1.30pm	8	9
10 Reading Group with Kim 3.00pm	11 Boomer Music and movement 2.00pm	12 Morning Activities	13 Hairdresser	14 Art and Craft with Julie and Hannah 1.30pm	15 Bingo and games afternoon 2.00pm	16 
17 Reading Group with Kim 3.00pm	18 Boomer Music and movement 2.00pm	19 	20 Hairdresser Sefton Opera Hand Massage 1.45pm	21 Tina Riley singing 2.00pm	22 	23
24 Reading Group with Kim 3.00pm	25 Boomer Music and movement 2.00pm	26 Trip out	27 Hairdresser	28 Art and Craft with Julie and Hannah 1.30pm	29	30 

October at the Willow Centre

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sandra Currie singing 2.00pm	4 Yoga With Lyn 10.45am	5 	6 Art and craft	7 
10 	11 Yoga With Lyn 10.45am	12 Sensory	13 Lets Have a Party with partytime productions 11.15am Sefton Opera Hand Massage 1.45pm	14 
17 Ken Eddy Singing 2.00pm	18 Yoga With Lyn 10.45am	19 Bingo	20 	21 baking
24 	25 Yoga With Lyn 10.45am	26 Big screen film afternoon	27 	28 Boomer Music 2.00pm

OCTOBER AT PARKHAVEN COURT

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>3</p> <p>Chair Exercises 1.00pm</p>	<p>4 Coffee Morning 10.30am</p> 	<p>5</p> <p>Bingo eve 6.30pm</p> 	<p>6</p> <p>Art and Craft 10.30am Hairdresser 1.00pm</p>	<p>7</p> 	<p>8</p> <p>Buffet lunch 11.30am</p>	<p>9</p> <p>Roast Dinner 5.00pm</p>
<p>10</p> <p>Chair Exercises 1.00pm</p>	<p>11</p> <p>Coffee Morning 10.30am</p>	<p>12</p> <p>Bingo eve 6.30pm</p>	<p>13</p> <p>Art and Craft 10.30am Hairdresser 1.00pm</p>	<p>14</p>	<p>15</p> <p>Buffet lunch 11.30am</p>	<p>16</p> <p>Roast Dinner 5.00pm</p>
<p>17</p> <p>Chair Exercises 1.00pm</p>	<p>18</p> <p>Coffee Morning 10.30am</p>	<p>19</p> <p>Bingo eve 6.30pm</p> 	<p>20</p> <p>Art and Craft 10.30am Hairdresser 1.00pm</p>	<p>21</p> 	<p>22</p> <p>Buffet lunch 11.30am</p>	<p>23</p> <p>Roast Dinner 5pm</p>
<p>24</p> <p>Chair Exercises 1.00pm</p> 	<p>25</p> <p>Coffee Morning 10.30am</p>	<p>26</p> <p>Bingo eve 6.30pm</p> 	<p>27</p> <p>Art and Craft 10.30am Hairdresser 1.00pm</p>	<p>28</p> <p>Big Screen Film Eve 6.00pm</p>	<p>29</p> <p>Buffet lunch 11.30am</p>	<p>30</p> <p>Roast Dinner 5.00pm</p> 